

KINGSWOOD ELEMENTARY WEEK AT A GLANCE

WEEK OF FEB. 2-6, 2026

MONDAY FEB. 2

- DARE for students in Grades 4, 5, and 6

TUESDAY FEB. 3

WEDNESDAY FEB. 4

- Hot Lunch Day
- Lunchtime Basketball for Grade 6 and 7 students

THURSDAY FEB. 5

FRIDAY FEB. 6

- Breakfast Club
- Hot Lunch Day

Next Week

February 9-13

- Wed. Feb. 11 - Hot Lunch Day
- Thurs. Feb. 12 - Early Dismissal Day for students @ 11:50am
- Fri. Feb. 13 - ProD Day - no school for students

NOTES

Parenting Workshop - When Anxiety In Your Child Shows Up as Anger.

Parenting can become challenging when anxiety shows up as anger in our kids. Join us in a conversation with Karen Peters, Registered Clinical Counsellor, to learn about some strategies that can help us better understand and manage these hard moments.

当焦虑在孩子身上表现为愤怒时，为人父母就会面临挑战。欢迎收听我们与注册临床咨询师凯伦·彼得斯的对话，了解一些可以帮助我们在这些艰难时刻之前、之中和之后应对的策略

Wednesday, February 11, 2026 online 10am to 1130am. Parents will be sent a link along with a brochure. Once you register using the link below you will receive a Zoom link to your email one day prior to the session.

<https://forms.office.com/r/WRNBUPMAmr>

