

" Home of the Kingswood Eagles!"



# Kingswood Eagles News

Acknowledgement of Territory:

We acknowledge and thank the First Peoples of the Hən̓q̓əmi̓nəm̓ (Hun-ki-meen-um) language group on whose traditional and unceded territories we teach, learn, and live.



## May 1-5, 2023

Monday, May 1	Tuesday, May 2	Wednesday, May 3	Thursday, May 4	Friday, May 5
<p>A.D.S.T. Cardboard and other Stuff Recycling Family Teams Activity</p> <p>Wali Shah presentation for Divisions 1, 2, 3, 4 at 1:30 pm</p>	 <p>Chess Club at 12:00 in the library</p>	<p>Breakfast Club 8:00-8:45 am</p> <p>No Track Attack this afternoon</p> <p>Welcome to Kindergarten Event at 1:00 pm</p>	<p>Divisions 3 and 5 Bake Sale, 12:00 in school gym</p> <p>May the Fourth Be With You! Spirit Day</p> 	<p>Canadathon Assembly, 9:15 am</p> <p>Pasta Day</p> <p>Freezies for sale after school</p> <p>Track attack for Grades 3-7: be ready with proper clothing and footwear/runners</p>



**DON'T FORGET**

### Reminder:

Kindly please report any absences, lates, early dismissals, etc. to our

Early Warning Line at (604) 668-6220

Please include your child's name, Division, why they will be away and for how long. Thank you.

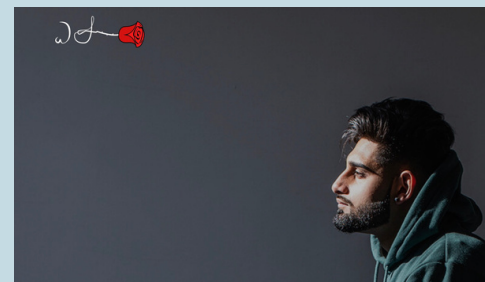
**Next Pro D Day is May 19: students do not attend this day**

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# Wali Shah Presentation on May 1

We were delighted to welcome Wali Shah this afternoon. All of our students were a captive audience to hear about his stories, experiences and messages he had to share about character, integrity, courage and community. What a true delight that our students were able to hear his powerful performance this afternoon. Below are some pictures of his visit to Kingswood today:



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# Divisions 3 and 5 Bake Sale, May 4



**DIVISION 3 & 5**  
***Bake Sale***

*A fundraiser for Division 3 & 5's  
field trip to Victoria, BC!*

***cookies,  
cupcakes,  
brownies, and  
cake pops!***

4 May 2023  
12:00 - 12:50

In the Gym

\$2.00 a treat

Treat Yo' Self!





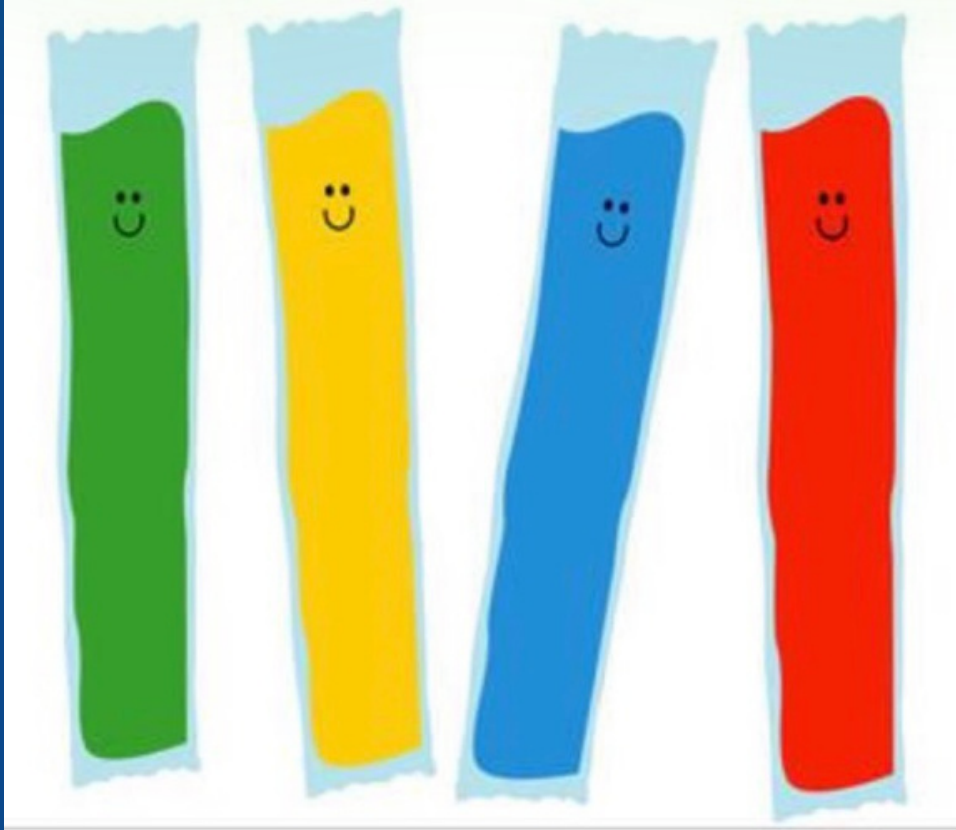
# Kingswood Reminders/Dates

## Upcoming Dates to Note:

- May 1: Wali Shaw--presentation for students from grades 4-7 in the afternoon
- May 4: May the Fourth be With You! Spirit Day--come dressed up as something related to Star Wars, space, or robots!
- May 4: Divisions 3 and 5 Bake Sale in support of trip to Victoria
- May 5: Freezie Sales on Friday after school
- May 5: Track Attack in PM for Grades 3, 4, 5, 6, 7
- May 11: Division 1 to Aquarium
- May 12: Concert Band performance from Dr. Knox Middle School, 9:15 am
- May 16: Division 3 to Planetarium
- May 18: District Track Meet at Minoru---will need lots of parent drivers!
- May 19: Next Pro-D Day
- May 25: Divisions 3 and 5 to Victoria
- May 31: Division 2 to Aquarium
- June 11: Grade 7 trip to Playland
- June 16: Sports Day, early dismissal at 1:15 pm--we will need parent volunteers to help with concession!
- June 19: Talent Show
- June 20: Band Concert, 1:30 and 6:00 pm
- June 22: Division 3 Fine Arts Performance, 1:30 and 6:00 pm
- June 23: School Farewell Assembly, 1:30 pm
- June 29: Grade 7 Farewell, shortly after 9:00 am
- June 29: last day of school for all students
- June 30: Administration Day--students do not attend

BE KIND  
TO ALL  
KIND

# Frozen Fridays!



Thank you for continuing to support our Grade 7 Farewell fundraising activities! Our next frozen Friday is planned for Friday, May 1. Freezies will be \$1.50 each. Thank you to our staff and parent volunteers who jumped in to help with sales the last few Fridays!

# Holding Onto Our Kids in a Digital World

Information Session for Parents, Guardians, and Caregivers

Tuesday, May 2, 2023 (on Zoom)

6:30 – 8 pm

Holding Onto Our Kids in a Digital World

Dr. Deborah MacNamara

As if parenting wasn't hard enough in having to deal with screens, peer pressure on kids - and then we had to add a pandemic on top of it! How can we hold on to our kids so we can influence and guide them? What do kids really need from us so as to grow into socially and emotionally responsible beings? This presentation will discuss issues from technology to peer problems and how parents are the ultimate answer for what kids need most of all. Practical suggestions for (re)building strong relationships with kids from preschoolers to teenagers will be discussed along with managing challenging behaviour - including screen time!

## BIO

Dr. Deborah MacNamara is the author of *Rest, Play, Grow: Making Sense of Preschoolers (or anyone who acts like one)*, and her children's picture book, *The Sorry Plane*. She is on Faculty at the Neufeld Institute and Director of the counselling practice, *Kid's Best Bet*. Parents, guardians, and caregivers can click here to register or use the QR code in the attached flyer – please register by Friday, April 28, 2023.

<https://survey.sd38.bc.ca/TakeSurvey.aspx?SurveyID=n6L28l85#>

RICHMOND SCHOOL DISTRICT | PARENT INFORMATION SESSION | MENTAL HEALTH WEEK

## Holding Onto Our Kids in a Digital World

with Dr. Deborah MacNamara



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**DATE/TIME**  
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6:30 – 8pm

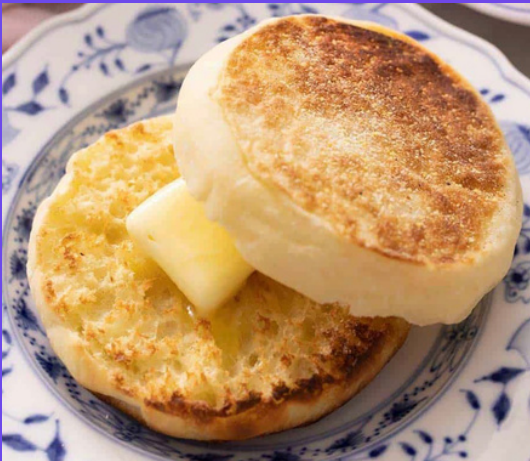
**LOCATION**  
Hosted virtually via Zoom 

**REGISTRATION**  
Register using either the web address or QR code below.  
<https://bit.ly/40vMLJH>



RICHMOND SCHOOL DISTRICT NO. 38

# BREAKFAST CLUB EVERY WEDNESDAY, 8:00-8:45



At our next Breakfast Club, (May 3), we will continue to offer toast with jam, cheese toast, fresh fruit and juice. We will also be offering Breakfast sandwiches (English muffins with cheese (with or without ham--cooked in separate oven) We will also be extending our Breakfast Club until 8:45 am, but students **must enter no later than 8:30 am**. Once students have finished eating up and cleaning up after themselves, they may participate in "Just Dance" and other movement activities, if they wish to do so, or can simply socialize with one another!



## Kingswood's Next Spirit Day, May 4



**On Tuesday, May the 4th, come dressed up as a Star Wars character, or anything related to space or aliens!**





**PAC'S PASTA DAY  
IS A GO!**

**THANK YOU TO OUR  
PARENT VOLUNTEERS!**

**MAY 5, 2023**

**PASTA IN PASTA SAUCE  
(NO MEAT).....\$3.00**

**CHOCOLATE/WHITE  
MILK.....\$1.50**

**APPLE JUICE.....\$1.00**

**"CASH AND CARRY"**